

Midcoast Unitarian Universalist Fellowship

“Being Human”

January 24, 2021



Rev. Peter Tufts Richardson: Our human nature has not always been as it is now. We are part of a dramatic emergence on this planet, still underway. Given the events of Jan. 6, wouldn't you suspect we have more work to do? Ordained in 1965, Richardson served UU Congregations in Kent, OH, Midland, TX, Needham and Andover, MA, and Kennebunk, ME. He has led workshops on psychological type in four countries including 13 U.S. states. He is the author of eight books on UU history, psychological type and spirituality, poetry, and global religion and history, including most recently, *Our Origin Story*, in 2020. He was present at the founding meeting of the Midcoast Fellowship in 1982. He and his wife, Eleanor, live in Rockland, ME and Naples, FL.

Worship Associates Penny Ziarnik and Tiffany Vencile

[Join Zoom Meeting](#)

Meeting ID: 966 8622 0659

Dial in: 929 205 6099

Upcoming Worship

January 31: Choose Your Own Adventure

In the absence of a minister, we are offering Choose Your Own Adventure the last Sunday of every month. Your worship team will offer two choices on such Sundays, but feel free to wander across the entire UU world.

Augusta UU Church (10 a.m.)The Responsibility of Joy: Rev. Carie Johnsen.

With ever increasing joy in our hearts and minds, this service will explore (capital 'J') Joy as an act of grace, survival, and resistance. There will be no guilt for moments of laughter, expressions of glee, and dance, yes there might be dancing. Bring with you your favorite journal and writing instruments along with a chalice/candle to enter this holy time of play.

<https://www.zoom.us> — Click on **Join a Meeting** (top right of page, next to sign in (you don't need to sign in) and enter Meeting Id# 823 807 0673 and Passcode 6971

Belfast UU Church (10 a.m.)

Service details unavailable for this week's Worship Newsletter. Watch this space next week.

Stewardship

If you haven't pledged yet, please do so as soon as possible. The Pledge link is below. If you just want to make a donation to MUUF, please use the Anytime Donation Link. The Board of Trustees asks each of us to stop for a moment and consider how much this Fellowship means to us personally, and to give accordingly. We are extremely grateful for your support.

[Pledge 2021 Link](#)

[Anytime Donation Link](#)

Social Justice

Anti-racism Vigil: Every Monday noon to 12:30 pm at the Newcastle Veterans Memorial Park until further notice. Check [PUAR's Facebook page](#) for updates.

Healing Circle Registration

Thanks again to the many members and friends who showed up in every sense of the word at the January 8th healing circle. The second circle was also positive and challenging at the same time. These circles have certainly confirmed what we knew from the start: that they will not be able to answer all questions, or meet all our needs. Nonetheless, underlying themes continue to emerge in a way that we feel can help inform the Fellowship's next steps.

The final all-Fellowship circle is scheduled for **Friday, February 5th, from 6:30 to 8 p.m.**, when we hope prior and new participants will give voice to their distinct perspectives on the crossroads at which we find ourselves. The healing team will then gather what we feel we have learned through this process and share it with the interim board and the full Fellowship.

Please pre register here for planning purposes.

<https://uua.zoom.us/j/84481111111>

Please email any questions or concerns to uumidcoasthealing@gmail.com

The Healing Team

Lindy Gifford, Carol Robins, Nancy Slobodnik

Common Read

The 2020-2021 UUA Common Read is *Breathe: A Letter to My Sons*, by Imani Perry. This book explores the terror and grace of coming of age as a Black Person in contemporary America and what it means to parent our children in a persistently unjust world. If you are interested in joining a Book Group to read and discuss within our Fellowship, please send an email to **Mary Finn** at maryefinn4@gmail.com. She would be happy to facilitate and hold the group on Zoom, based on the level of interest.

Religious Exploration

UUA Week 2 of 30 Days of Love celebration: This is a time to gather and learn from each other and movement leaders, and listen for the ways that love is calling us to show up in the world and for each other. This year, 30 Days of Love will focus on four themes from the Commission on Institutional Change's report [*Widening the Circle of Concern*](#), reminding us that liberation in the wider world is indelibly connected to liberation within ourselves. Each week of 30 Days of Love, there will be a weekly theme with a menu of do-it-yourself activities for all ages in the following categories:

- Read: Articles, book excerpts, poems,
- Watch: Videos, concerts and roundtables discussion
- Participate: Artist workshops, writings and actions
- Listen: Music, meditation, lectures, poetry
- Worship: Worship moments—alone or together—to refuel

Click here for this week's activities:

[January 24 – 30: Hospitality and Inclusion](#)

Virtual RE time!

This weekend, January 23 & 24, we have our next sessions for virtual Religious Exploration for children and youth. ChUUrchcraft World Religions is at 4 p.m. on Saturday, and we'll be learning about Christianity with Rev. Elizabeth Barnum; Spirit Play Story reading, *Sulwe*, is 9:30 a.m. Sunday; and Widen Your World Social Justice with youth is 4 p.m. on Sunday, continuing our discussion on racism issues. The January Books & Cooks Cultural Cooking packet has been sent out. Carney will send reminder links to each session on Saturday morning.