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RE Spirit Camp

This past week, 8 campers have been meeting daily at the UU Rockland church to attend Spirit Camp. Be sure to ask Autumn Vencile about her adventures at camp and ask what she learned. I know she'll want to share! Spirit Camp will be coming to Damariscotta over February Break in 2023.



Autumn is checking to see if Oscar's chakras are opened or closed using a pendulum that she made. If the chakra is closed, she places a gemstone on that spot and checks back later to see if it opened the chakra.

The group went on a Shamanic journey to discover their power animal. They made masks to represent these animals as shown in this photo.



From Our Minister

We will not be having a worship service on July 3. Instead, we'll offer people the option of watching the prerecorded General Assembly closing service individually. Goodness knows we all need a day off!

Yet I find myself wishing to gather people that day. Would some of you be interested in a late afternoon/early evening event outdoors July 3? I envision a 20-minute worship service and then time to visit and share our picnic suppers. The Salt Bay Farm on Belvedere Road in Damariscotta is one place we might meet.

Would you let me know if this appeals to you? If we get half a dozen or so who might come, I will plan for it, and give you more information next week.

My time with you is coming to a close, and I miss you already! We have shared much these past months, and you are dear to my heart. Please know that I'll carry you with me, in love and respect.

With care,

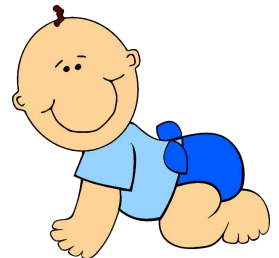
Bettina

minister@uumidcoast.org

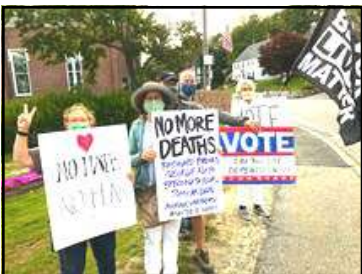
479-521-4375

It's Diaper Drive time again!!!

The tote will be on the porch at Damariscotta Dental for the month of June. The larger sized diapers and menstrual supplies are needed. Let's support the health of our local families!!!



Social Justice



Anti-racism Vigil: The weekly Monday vigil's are from **5:00 pm-5:30 pm** at the Newcastle Veterans Memorial Park. Check [PUAR's](#) Facebook page for updates.

**** Please email all newsletter articles and website information to:
news@uumidcoast.org

Worship Invitation Plus Weekly Newsletter Editor: Jennifer Ober