



## **Midcoast Unitarian Universalist Fellowship**

### **Worship Invitation January 15, 2022**



#### **January 16: “Making Amends” Led by Bettina Lehovec and Rashi Nessen**

We’re still far from the vision of the Beloved Community Martin Luther King Jr. preached more than a half-century ago. What gets in the way? Might we need to confront some resistance within our own liberal circles? I suggest that it is our corporate responsibility, as people of faith, not only to ask for forgiveness but to actively make amends.

Please join us at **10:30 am** using the zoom link below:

#### **Join Zoom Meeting**

<https://zoom.us/j/96686220659>

Meeting ID: 966 8622 0659

Telephone: Dial by your location  
+1 929 205 6099 US (New York)

#### **January 23: Sunday for Reproductive Justice - Led by Bettina Lehovec and Julia Fitz-Randolph**

A series of legal challenges to Roe vs Wade means that abortion laws may soon be determined by individual states. How will liberal churches organize to ensure people continued access to safe and legal care? This service is part of a statewide Sabbath for Reproductive Justice organized by the Maine Council of Churches.

## Religious Exploration

### OWL (Our Whole Lives Sexuality Education) Begins

This past Sunday, **16 teens** in grades 7-9 gathered at the UURockland Church, adapting a space for them that is casual and comfortable. These youth are from Midcoast UU Fellowship, UURockland, and the public (friends of some of our church families). Starting this Sunday, we also will add another room for OWL grade 4-5 with **12 children** participating from MUUF, UUR and the public. Yes, we are meeting in person, in well-ventilated spaces, wearing masks, and everyone is fully vaccinated!



*Imagine this space filled with 16 teens, 3 adult facilitators and one black lab therapy dog, and you have a success story for how things can be adapted in a pandemic. Usually, this group uses space at the Landing Place in Rockland, which is set up for teens, but they are still closed to group meetings. So, bring in some bean bag chairs and a rug, and voila! Teen OWL is ready to go!*

### Message from the Minister

Weekly Drop-in Sessions will begin on Zoom this Wednesday, Jan. 19, from noon to 1 p.m. We'll read a poem, have a check-in, and see where the conversation goes. Join me!

Zoom link:

<https://us06web.zoom.us/j/84791128903?pwd=aklhOXdlOUZkTGs0NEdivbzZvWE1EZZ09>

Meeting ID: 847 9112 8903

Passcode: 434575

## Caring Committee

The Care Committee is reorganizing for 2022 and will have an initial meeting with Rev. Bettina in early February. Please let co-chair Sandy Barth know if you are interested in being added to this committee (sbarth1942@gmail.com). Former co-chair Joan Whitmire is stepping back but is willing to continue to hold the end of life forms in a locked file cabinet in her home. Sandy is willing to continue as co-chair but definitely would like someone to step up to that position.

In the past, the Committee has provided various services such as rides, occasional meals, check-in phone calls, and holiday treats. For questions or notification of the Zoom connection (but not necessarily commitment) contact Sandy.

## **SOCIAL JUSTICE GETS 'SOCIAL!' AND YOU ARE INVITED!**

Have you wanted to support Tribal Sovereignty in Maine and need a starting place? Join us on ZOOM to write letters in favor of LD 1626 ( An Act Implementing the Recommendations of the Task Force on Changes to the Maine Indian Claims Settlement Act).

**January 22 at 4:00 pm**

### **BEFORE THE MEETING:**

Please go to MUUSAN.ORG and click on STAND WITH THE WABANAKI on the right hand side. You will find background information, the full text of the bill, and see how this bill aligns with our UU beliefs.

**DAY OF THE MEETING:** All you need is your laptop or paper and pen! We will walk through the process in each other's company.

### **LETTER WRITING FOR TRIBAL SOVEREIGNTY**

Join Zoom Meeting

<https://us04web.zoom.us/j/78308653002?pwd=3EpPI-HUNGUmX039EGb4gMpOKTHkda.1>

Meeting ID: 783 0865 3002

Passcode: Q0hqb5



## Maine UU Social Action Network

Hearings at the State House are starting next week. In the Climate Change area, here are 3 quick and easy things you can do to add your voice to all of us wanting to protect our environment and mitigate the effects of Climate Change. Watching the Webinar on Monday will give you a really good idea about what the Coalition of many Maine groups, including MUUSAN, are organizing around. There is power in the number of folks showing up for this Webinar.

1. Watch the Maine **Environmental Priorities Coalition Priority Rollout Webinar on Monday, January 20th from noon to 1:00**

**Register for the Webinar at:** <https://secure.everyaction.com/S7X4aDewwE6zLzGX9Q7o9g2>

This webinar is open to the public and FREE and will introduce you to the seven bills that have been selected as priority bills for 2022 by the Environmental Priorities Coalition. Helpful information will be provided about the bills, including where to get additional information.

2. **Sign the petition that is linked to this important 2022 bill - LD 1639, An Act to Protect the Health and Welfare of Maine Communities & Reduce Harmful Solid Waste**

**Go to:** <https://www.nrcm.org/take-action/>

Find the title that reads: Stop Filling Maine's Landfills with Out-of-State Waste and click on Sign the petition button.

This petition and your signatures will be shared with all Maine state legislators by the Natural Resources Council of Maine, and will help in the effort to get this bill passed. **Then you can ask your state senator and representative to please vote to support this important bill.**

3. **Sign the petition that is linked to this 2022 bill that MUUSAN and the EPC opposes - LR 2167 - An Act To Clarify the Role of the Legislature in Sustaining Good-paying Jobs in the Forest Products Industry**

**Go to:** <https://www.nrcm.org/take-action/>

Find the title that reads: Add Your Voice: Support a Free-Flowing Kennebec River and click on the Add Your Voice button.

This petition and your signatures will be shared with all Maine state legislators by the Natural Resources Council of Maine, and will help in the effort to oppose this bill.

**IMPORTANT:** After January 20th, you can easily find helpful information about all of the EPC priority bills for 2022, including pdfs of Fact Sheets at this link: <https://protectmaine.org/epc>

Special thanks to Jill Linzee

If you have questions, please contact Mary Finn 781 866 3317



**Anti-racism Vigil:** Every Monday 12:00 - 12:30 pm at the Newcastle Veterans Memorial Park. Check [PUAR's](#) Facebook page for updates.



PLEASE JOIN US!

# SNACKS FOR STUDENTS DRIVE

January 17 - February 14, 2022

Help us at Healthy Lincoln County distribute snacks to local schools through our school-based pantry support.



#### What's needed:

Whole grain granola bars, yogurt, cheese sticks, fruit snacks, pretzels, popcorn, pudding, applesauce and other fruit/vegetable pouches, raisins, whole wheat crackers, trail mix, dried fruit, and cereal.

#### Two ways to donate:

1) Drop off at:

Healthy Lincoln County  
281 Main Street in Damariscotta

2) Contact Lee Emmons

[lemmons@healthylincolncounty.org](mailto:lemmons@healthylincolncounty.org)



Looking for a quick way to support the community and help food insecurity? Well it is easy! Pick up some extra snacks while at the grocery store and donate them to Snacks for Student food drive. You can drop them off directly to the program or collect them and Tiffany will get them from you! We can make a large donation at one time or by smaller separate donations. Either way we are contributing to our community . All of the snacks are being donated to Healthy Lincoln County's five school-based pantries. Thank you ahead of time for your support.

## Anti Racism Book Group



More book discussions in Jan and Feb, both on Wednesday evenings at 5:30pm (Interested in a late Friday morning option, at 10 or 10:30? Message me if you definitely want that, and I'll see what I can arrange!)

Leigh Anne at [paperandshells@gmail.com](mailto:paperandshells@gmail.com)

### **Jan. 26 - Whistling Vivaldi**

This has been a campus-wide read at some universities in past years. It's a social scientist's look at how stereotypes impact us all more than we realize -- and just a few ways we can tackle them.

### **Feb. 23 - The Deepest Well**

This pairs nicely with Whistling Vivaldi. I think the implications for stereotypes, stress, and health are interconnected, and will be useful to weave together. Burke Harris also provides a useful model as someone who combines on-the-ground work with research, followed by public health implications, and finally working as CA's surgeon general. She offers many lenses and useful examples of how to make an impact, working in the trenches as well as leading.

\*\*\*\* Please email all newsletter articles and website information to:  
[news@uumidcoast.org](mailto:news@uumidcoast.org)

Worship Invitation Plus Weekly Newsletter Editor: Jennifer Ober