

Midcoast Unitarian Universalist Fellowship
Embracing Our Weird / Unique Self
March 7, 2021



Rev. Charles Stephens, “Embracing Our Weird / Unique Self

Embracing our unique self, body and soul, is not easy for anyone. Inspired by the 26 year old author and PhD (biochemistry), Camilla Pang, I selected this sermon title. Camilla calls her book a manual for humans. She writes that her “curious cocktail of neurodiversity” gives her the unusual insight to write an outsider's guide to life. We, as individuals, as a congregation and as a community are who we are because of the peculiarities that have and continue to form us.

Join Zoom Meeting

<https://zoom.us/j/96686220659>

Meeting ID: 966 8622 0659

Telephone: Dial by your location
+1 929 205 6099 US (New York)

Upcoming Worship

March 14th - Rev. Lane Fisher “All That Is Our Life”

Our culture worships youth and fears aging. How does this affect us as individuals and as a culture? This morning we'll reflect on this question and imagine a more appreciative attitude toward ourselves and others as our bodies age. Rev. Lane is a 25-year member of the UU Church of Belfast, a graduate of Starr King School for the Ministry, and a minister in search of the congregation she will serve.

March 21st- Ariel Aaronson-Eves "Everyone else is lying"

In this sermon, UU minister Ariel Aaronson-Eves will reflect on the body as a source of knowing, especially for Unitarian Universalists. What can our bodies tell us when we tune in, about our health, about our relationships, about the sacred? How might we learn to listen?

Pastoral Care

A reminder that during this time without a minister, members of the fellowship in need of pastoral care can contact the co-chairs of the Care Committee, Sandy Barth (207-563-5565) or Joan Whitmire (207-350-6954). Either of them can establish contact with Rev. Charles Stephens.

Stewardship

[Pledge 2021 Link](#)

[Anytime Donation Link](#)

Social Justice

Anti-racism Vigil: Every Monday noon to 12:30 pm at the Newcastle Veterans Memorial Park until further notice. Check [PUAR's Facebook page](#) for updates.

Diaper Drive: The month of March is one of those five week months that we would normally be hosting a Community Supper at the Second Congregational Church (UCC). I really miss those suppers and serving our community members a tasty meal! In lieu of that community service during covid, we are doing a diaper drive for the local Diaper Bank. If you'd like to donate, we'll have a tote on the porch at Damariscotta Dental at 16 Bristol Rd. in Damariscotta. It'll be there all month. Thank you!

—Molly Davis

Opportunity to donate to New Mainers

Eighty five asylum seeking families from Angola and the Democratic Republic of the Congo have arrived in southern Maine since the pandemic began. The local New Mainers Coastal Task Force has been formed by several communities just north of us and is working with the Maine Immigrants Rights Coalition to raise funds for these asylum seekers. By federal law they are not permitted to work for one year after filing an official asylum application.

Our local Lincoln County Immigrant Support Group has been "underground" since the beginning of the pandemic. Several members of the Fellowship were active in that group. This new Midcoast group may be a way for us to be active again on a local level. Sandy Barth will be contacting the New Mainers group to see how we can help. Meanwhile, if interested in making a contribution for help with groceries and other living expenses, you can send a check in any amount made out to St. John's Church with "New Mainers" on the memo line. Send the check to NMCTF (New Mainers Coastal Task Force), c/o Brenda Squibb, 24 Central Street, Camden, ME 04843. St. John's is acting as fiscal intermediary for the New Mainers group.

Religious Exploration

Final Opportunity to Register for Book Discussion

UUA Common Read Book Discussion: *Breathe: A Letter to My Sons* by Imani Perry

Date and Time: Thursday, March 11 & 18: Two opportunities: 10-11:30 a.m. or 7-8:30 p.m.

Facilitator: Annie Kiermaier

Registration: Register with the UUR church office at mail@uurockland.org.

Indicate which session you would like to attend. If you can attend either session, please note that as well.

Mystery Friends by Mail – let's have some fun

Who: RE **kids** and interested **adults** who like to receive and send letters!

What: Each child will be matched with an adult from the Fellowship. You will be asked to send four letters over the month of March (into early April). Adults will know the names of their pen pal, but will not reveal themselves until the last letter. Have fun exchanging information about yourself, art, poetry, hobbies, and finally pictures of yourself. The adult will start the exchange of letters. When the child gets the letter, they will write a response and add in anything else, then mail to: Mystery Friend and the address provided.

How: Let Carney (re@uumidcoast.org) know if you would like to participate. It is fun to receive hand-written notes and pictures, and it helps to feel connected to each other while many are still isolated.