



Midcoast Unitarian Universalist Fellowship

Worship Invitation August 13, 2023



August 13: A Cup Too Full? **Rev. Anne Bancroft**

In the fullness of this Maine summer, with the myriad colors of delight all around us, our proverbial cup overflows. How could we possibly make room for more? We hope you'll join us for this slightly quieter and contemplative morning service.

August 20: **Rev. Ariel Aaronson-Eves**

Please join us for the last service at which Rev. Ariel will be with us. It has been a gift having her share the pulpit with Rev. Anne and Rev. Donna for the past year. We wish her well.

Following the service we will have our third Vision Conversation.

LIVE AT SKIDOMPHA LIBRARY AT 10:30AM

10:30 am using the zoom link below:

<https://us06web.zoom.us/j/93286813206>

Meeting ID: 932 8681 3206

One tap mobile

+13017158592,,93286813206# US (Washington DC)

+13126266799,,93286813206# US (Chicago)

Dial by your location

+1 929 205 6099 US (New York)

Meeting ID: 932 8681 3206

MUUF Member News



Janet Elwin

Janet Elwin Quilt Exhibit Skidompha Library Atrium Now through the end of August

Long time member, Janet Elwin, was taught quilting by Bud Elwin's grandmother, Eva Hoyt Maze, and began quilting while teaching night school classes at the adult education program in Arlington, MA.

Janet was one of the founders of the New England Quilters Guild, and initiated its goal of establishing a quilt museum, which opened in Lowell, Massachusetts in 1987. Locally, Janet designed "The Damariscotta River Quilt" and worked with a team of quilt makers to raise money for the Damariscotta River Association. In 1992, she designed and made a quilt to help raise funds to rebuild Skidompha Library. Janet has also written four books about quilting.



We love having her as a MUUF member, and thoroughly enjoy seeing quilts she has made that adorn the walls during many of our Sunday services.

Weekly Poem

Nature, by Bonnie Harding

Close your eyes and you can see
the way the world's suppose to be
Sunrise on a clear blue sky
fields of daisies, soft butterflies

Tall trees, leaves glistening with dew
streams and rivers flowing thru
Birds singing and flying high
gentle breezes with cloudless skies

Snow caps on the mountain tops

valleys of green that never stop
Ocean waves and pure white sand
animals grazing on the land

Feel the wind in your hair
smell the flowers, blooms everywhere
See the beauty, today is new
Enjoy nature-God's gift to you

****Do you have a favorite poem? If so,
and you would like it included in the
weekly newsletter, submit to:*

news@uumidcoast.org



Please put the date for the third
Vision Conversation on your
calendar: **Sunday, August 20th,**
following the worship service

716 CANDLES (An International Overdose Awareness Day Project)

No place in America is unaffected by the impact of substance use and the opioid epidemic. That includes Lincoln County, Maine. Each year our close-knit rural community sees loved ones dying from overdose, hundreds receiving treatment for substance use disorder, and thousands experiencing the negative impact of addiction, either themselves or through someone they love. **THAT'S ALMOST EVERYONE.**

Join us in doing something about it!

Free Public Programs

LIGHTS OF LINCOLN COUNTY

A family-friendly program of music, visual art, speakers, and ceremony to celebrate "lights" of Lincoln County: those who are surviving substance use disorder and finding recovery, and those we've loved and lost.

August 26, 1:30-4:00pm
Coastal Rivers Conservation Trust
3 Round Top Lane, Damariscotta

INTERNATIONAL OVERDOSE AWARENESS DAY

A program of music, art, remembrances, resource information, and speakers including local and statewide leaders, advocates, and individuals affected by substance use, the opioid epidemic, and loss.

August 31, 1:30-3:30pm
Boothbay Commons, Boothbay

WHY YOU MATTER

A youth-centered event, featuring the student-led #WhyYouMatter Campaign from Medomak Valley High School. There will also be an open mic for story sharing and songs on the question: "Where do you find hope, health & strength, and why do you matter?"

August 27, 2:00-4:00pm (Open Mic 2:45)
Cider Hill Farm
72 Medomak Terrace, Waldoboro

Love & Remembrance

9 individuals who have died from substance use or related causes are memorialized through music, poetry, and words. One by one, family members introduce loved ones before each is honored with a performance.

August 31, 5:00-6:00pm
Congregational Church of Boothbay Harbor
125 Townsend Ave., Boothbay Harbor

WISCASSET ART WALK & PARADE OF CANDLES

A summertime celebration of art, music and performance, and an evening of stories and sharing about the human side of substance use. The event concludes with a Parade of Candles, a communal experience of love and hope dedicated to all whom we've lost and those still with us affected by substance use.

August 31, 5:00-8:00pm (parade of candles assembles at 7:10pm, and begins at 7:30pm)
Wiscasset Village & Sunken Garden, Main St. (Route 1), Wiscasset

People United Against Racism Update:

The regular Monday Vigils in Veterans Memorial Park in Newcastle have been paused. We are transitioning to Vigils on an “as needed” basis, in response to unfolding events.

Community members can suggest a vigil by emailing peopleuar@gmail.com, and we'll send out the call via the PUAR email list and our Facebook page. Any vigils called through PUAR will be at 5 pm and on Mondays, unless otherwise indicated.

People United has partnered with Leigh Anne Keichline, who has been running the anti-racism book groups through Skidompha and created a monthly PUAR calendar to help publicize local antiracism events. Folks should sign up for emails, and to receive the calendar every month, if you haven't already. peopleuar@gmail.com



It's Diaper Drive time again!!!

During the month of August, we will again be supporting local families by donating diapers and menstrual supplies to the diaper bank!

Diapers and menstrual supplies are expensive, and not every family can afford these necessities. Let's show our support for our neighbors by helping to ease this worry. The tote is on the porch at Damariscotta Dental to put your donations in. Thank you!



**** Please email all newsletter articles and website information to:
news@uumidcoast.org

Worship Invitation Plus Weekly Newsletter Editor: Jennifer Ober