



Midcoast Unitarian Universalist Fellowship

Worship Invitation February 26, 2022



February 27: "My White Privilege, and Yours?" Patti Anderson, Melissa Dearborn and Mary Finn are three members of an Antiracism Book Group sponsored by a local library and facilitated by a trained SEED program facilitator. The SEED program of Wellesley College trains leaders to facilitate their peers in conversational communities to "drive societal change toward social justice." In this case, racial justice.

How do we develop a diverse and multicultural Beloved Community that includes everyone? Come and share your stories. We will all listen.

Please join us at **10:30 am** using the zoom link below:

Join Zoom Meeting

<https://zoom.us/j/96686220659>

Meeting ID: 966 8622 0659

Telephone: Dial by your location
+1 929 205 6099 US (New York)

March 6: "Cultivating Resilience" Led by Bettina Lehovec

We often think of resilience in terms of "bouncing back." But the reality is we don't bounce back; we adapt. There are skills we can learn to strengthen our capacity for resilience, to integrate difficult experiences in a way that allows us to move on. Join us as we explore.

Message from the Minister



Bettina Lehovec

Dear Midcoast UU,

I awoke to see the pine trees outside my window coated in white, while the hardwoods in the distance stretch their bare branches. That's a fitting image for this time of year, as winter slowly yields to the first signs of spring.

The Christian season of Lent begins with Ash Wednesday this week. Lent is a time of preparation before the joyous bursting forth that Easter represents. We might think about it as this last stretch of winter before spring fully arrives.

Or as preparing the ground for the garden you will plant. How might the soil of your life need to be amended to support optimal growth? What vision do you hold for the overall design? What seeds will you plant?

I will host the first monthly vespers service at 6 p.m. Tuesday, March 8. This will be a 30-minute time of music, readings, meditation, and shared reflection on a theme. join me for this time of quiet centering and reflection. I'll post a Zoom link in next week's newsletter.

On the global front, I join with you in grieving the invasion of Ukraine. My heart is heavy as I think about the lives disrupted and the attack on democracy worldwide. Several UU colleagues are drafting a letter of support. They recommend the following actions, suggested by a Ukrainian friend: ask your politicians for sanctions; support charity through [Caritas Ukraine](#); ask NATO to give military protection from the sky.

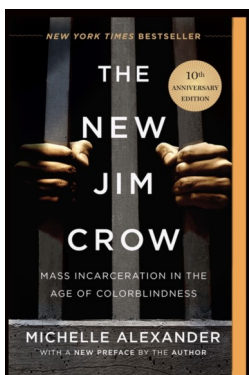
They also note that there is [great potential for nonviolent civilian based defense](#), with more support among Ukrainians for such options. The UU Service Committee lifts up several trustworthy NGOs to whom we can lend our support– scroll down from [here](#) for links to helping organizations as well as UUSC's human rights perspective on Russia's invasion.

May we hold the people affected on all sides of this conflict in our hearts.

With tenderness and care,
Bettina

Religious Exploration

Our next zoom book discussion, facilitated by Mary Finn, will be *The New Jim Crow: "Mass Incarceration in the Age of Colorblindness."* There will be two discussion dates: Monday, March 28, 6 p.m. for the first 3 chapters of the book; and Monday, April 25, 6 p.m. for the final 3 chapters of the book.



Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZcldu2pqD0iGteGeOgzla8PGIgfWRO7bdzf>

After registering, you will receive a confirmation email containing information about joining the meeting.

Social Justice

MIDCOAST UU FAITH IN ACTION WITH MUUSAN

By Mary Finn, Congregational Legislative Liaison

Week of 2/26/22

MUUSAN March 12th Network Meeting

10 am - 12:30 pm on Zoom

Protecting Democracy's Guardrails

Democracy's survival depends on protecting and strengthening the guardrails that protected the 2020 election. But what are those guardrails, and how can we protect and defend them? The [March network meeting](#) will feature Former Maine Secretary of State, Matt Dunlap, and other speakers discussing how we, as Maine UUs, can best protect democracy in this challenging time.

Register [HERE](#)

MUUSAN supports [Protect Maine Elections](#)! This nonpartisan campaign was launched for the purpose of passing a citizen's initiative to eliminate foreign influence and corruption in Maine elections.

Protect Maine Elections is [looking for volunteers](#) to help with ballot petition signature collection, data entry volunteers, and petition drivers! Or click [here](#) to find a location to sign!



Anti-racism Vigil: Every Monday 12:00 - 12:30 pm at the Newcastle Veterans Memorial Park. Check [PUAR's](#) Facebook page for updates.

**** Please email all newsletter articles and website information to:
news@uumidcoast.org

Worship Invitation Plus Weekly Newsletter Editor: Jennifer Ober