



## Midcoast Unitarian Universalist Fellowship

### Worship Invitation February 5, 2022



**February 6:** “Doors of Change” - Bettina & Rashi Nessen will lead

We’re standing on the cusp of change, as a nation and a congregation. How do we navigate this time of becoming? What is our role in creating the future we wish to see? We’ll explore these questions through the lens of a fantasy novel, *The Ten Thousand Doors of January*.

Please join us at **10:30 am** using the zoom link below:

**Join Zoom Meeting**

<https://zoom.us/j/96686220659>

Meeting ID: 966 8622 0659

Telephone: Dial by your location  
+1 929 205 6099 US (New York)

**February 27:** “My White Privilege. And Yours?” Join Patti Anderson, Mary Finn and Melissa Dearborn as they lead this service. More info to come next week!

## Religious Exploration

### **Racial Justice – Opening the Doors of Our Minds – A zoom discussion for youth & adults**

Our theme for February is Opening Doors. On Sunday, February 27, worship will focus on white supremacy. To deepen your experience with this worship service, you are invited to attend a zoom discussion on **Wednesday, February 23, 6:30 p.m.** Carney McRae, Director of Religious Exploration, will lead a discussion on insights you have gathered based on reading/watching select material. Look at the [Choice Board](#) – this is populated with suggestions of items to read or watch – most are young adult materials. If you have not read any young adult literature, you are in for a treat. They are usually a quick read, and are insightful and delve deep into the issues being presented. Choose 1, 2 or more items to examine, and follow the protocol listed below the choice board. Then you'll be ready for our zoom discussion.



Why register? This will help Carney better prepare – if there are lots of people zooming in, we can do 1 or 2 break out rooms. You also will get a reminder the day before with the zoom link just in case you misplaced it.

Most books you should be able to get from your local library or through interlibrary loan. Carney has some books in the UURockland Library that you can borrow. So don't delay, register here, and choose some links on [the Racial Justice Choice Board](#) to examine, and enjoy reading a couple of young adult novels.

Zoom Registration:

<https://us02web.zoom.us/meeting/register/tZ0vceqvqTMtGNR91RbgUXlySghl6Ce7vMA>



### Message from the Minister

Minister's Open Door

[https://us06web.zoom.us/j/83600369112?  
pwd=Z0JlZDQ3Z1BLeVpQbUhlRU5tbXEwZz09](https://us06web.zoom.us/j/83600369112?pwd=Z0JlZDQ3Z1BLeVpQbUhlRU5tbXEwZz09)

Meeting ID: 836 0036 9112 / Passcode: 110734

*Bettina Lehovec*

I look forward to continued conversation and getting to know each one of you in different ways. Please reach out if you'd like to visit.

Warmly, Bettina

minister@uumidcoast.org, blehovec@gmail.com, 479-521-4375

## Caring Committee

The Caring Team met for the first time on Friday and developed some guidelines for their work this year. We will primarily be responding to specific needs such as transportation for appointments, meals or visits. If someone needs something, let us know. You can contact Sandy Barth ([sbarth1942@gmail.com](mailto:sbarth1942@gmail.com)) or Kay Miller ([kayndick@gmail.com](mailto:kayndick@gmail.com)) or [careteam@uumidcoast.com](mailto:careteam@uumidcoast.com). Kay has agreed to co-chair the committee. Thank you, Kay. When the weather improves, we may plan some in-person group visits such as we did 2 years ago at the start of the pandemic that included some families as part of the visiting caravans. Many in the Fellowship are involved in multiple roles within the Fellowship, but if you would be willing to help very occasionally, let Sandy or Kay know.

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## Social Justice



### **TWO opportunities to put your UU faith into action.**

One is support for LD 696- A bill to Outlaw Solitary Confinement in Maine's Corrections System

Potential Actions you can take right now!

1. Add your name to the sign on letter asking the committee to Ban Solitary confinement

<https://forms.gle/bkU2CkGEQA84ZaKq8>

2. If you have a social media page Facebook etc. please repost the video posts of Lori Swain <https://www.facebook.com/watch/?v=665831627943891> and Rossana Natalini <https://www.facebook.com/mainepisoneradvocacycoalition/videos/294104399365101> and like or follow the Maine Prisoner Advocacy Coalition Facebook page. We will be posting three more videos of people with lived experience.

3. Call or email your legislators and ask them to support a Ban on Solitary Confinement. Find your state representative [here](#)

4. Write a letter to your local newspaper to support a Ban on Solitary Confinement. Letters to the editor are generally limited to 250 words or less. There is a letter posted in the Lincoln County News this week.

Please see UUA website for 2005 Statement of Conscience on Criminal Justice and Prison Reform <https://www.uua.org/action/statements/criminal-justice-and-prison-reform>

The public hearing is scheduled for Feb 9 at 10 am. A Member of our RNI group will provide oral and written testimony at the hearing. Written personal testimonies welcome!

The second is supporting Wabanaki Tribal Sovereignty by advocating for the passage of LD1626, MUUSAN'S top legislative priority:

If you have not reached out to your state senator and representative and asked them to support LD 1626, there is another chance to join a letter writing party!



**MUUSAN invites UUs from all Maine congregations to a**  
**[Virtual Testimony & Letter Writing Party for LD 1626](#)**

Sunday, February 13, 2022 ~ 2:00 to 3:30 pm on Zoom

Register [HERE](#)



PLEASE JOIN US!

# SNACKS FOR STUDENTS DRIVE

January 17 - February 14, 2022

Help us at Healthy Lincoln County distribute snacks to local schools through our school-based pantry support.



#### What's needed:

Whole grain granola bars, yogurt, cheese sticks, fruit snacks, pretzels, popcorn, pudding, applesauce and other fruit/vegetable pouches, raisins, whole wheat crackers, trail mix, dried fruit, and cereal.

#### Two ways to donate:

##### 1) Drop off at:

Healthy Lincoln County  
281 Main Street in Damariscotta

##### 2) Contact Lee Emmons

[lemmons@healthylincolncounty.org](mailto:lemmons@healthylincolncounty.org)



Looking for a quick way to support the community and help food insecurity? Well it is easy! Pick up some extra snacks while at the grocery store and donate them to Snacks for Student food drive. You can drop them off directly to the program or collect them and Tiffany will get them from you! We can make a large donation at one time or by smaller separate donations. Either way we are contributing to our community . All of the snacks are being donated to Healthy Lincoln County's five school-based pantries. Thank you ahead of time for your support.



**Anti-racism Vigil:** Every Monday 12:00 - 12:30 pm at the Newcastle Veterans Memorial Park. Check [PUAR's](#) Facebook page for updates.

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\*\*\*\* Please email all newsletter articles and website information to:  
[news@uumidcoast.org](mailto:news@uumidcoast.org)

Worship Invitation Plus Weekly Newsletter Editor: Jennifer Ober