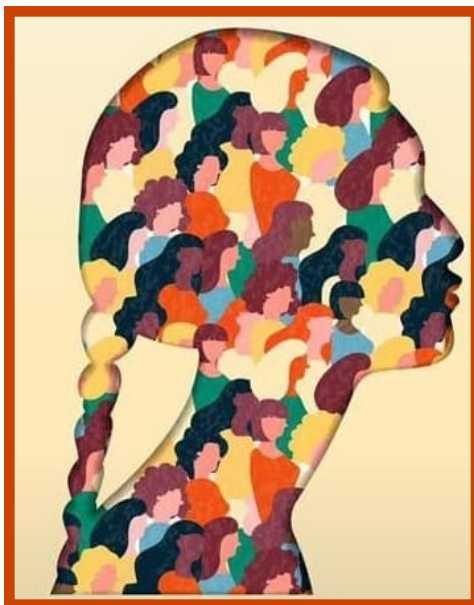




Midcoast Unitarian Universalist Fellowship

Worship Invitation January 22, 2022



January 23: Sunday for Reproductive Justice - Led by Bettina Lehovec and Julia Fitz-Randolph

A series of legal challenges to Roe vs Wade means that abortion laws may soon be determined by individual states. How will liberal churches organize to ensure people continued access to safe and legal care? This service is part of a statewide Sabbath for Reproductive Justice organized by the Maine Council of Churches.

Please join us at **10:30 am** using the zoom link below:

Join Zoom Meeting

<https://zoom.us/j/96686220659>

Meeting ID: 966 8622 0659

Telephone: Dial by your location
+1 929 205 6099 US (New York)

Message from the Minister



Bettina Lehovec

Open Door meetings will continue this Wednesday from noon to 1 p.m. We'll read a poem, have a check-in, and see where the conversation goes. Join me!

Zoom link:

<https://us06web.zoom.us/j/84791128903?pwd=aklhOXdLOUZkTGs0NEdivbzZvWE1EZz09>

Caring Committee

The Care Committee is reorganizing for 2022 and will have an initial meeting with Rev. Bettina in early February. Please let co-chair Sandy Barth know if you are interested in being added to this committee (sbarth1942@gmail.com). Former co-chair Joan Whitmire is stepping back but is willing to continue to hold the end of life forms in a locked file cabinet in her home. Sandy is willing to continue as co-chair but definitely would like someone to step up to that position.

In the past, the Committee has provided various services such as rides, occasional meals, check-in phone calls, and holiday treats. For questions or notification of the Zoom connection (but not necessarily commitment) contact Sandy.

Maine Unitarian Universalist Social Action Network



Many of us attended virtual Martin Luther King services and webinars and you might be thinking about what you can do to live our first principle-The inherent worth and dignity of every person. It's not too late to go to www.muusan.org and get some facts on LD 1626 and some help to write a letter to your state legislator in support of Wabanaki Sovereignty. It is time now for all of us individually to show up and support them from our hearts, and take this action.

I attended a weekly meeting as our Congregational Legislative Liaison to MUUSAN and we heard about 2 bills that are at the top of the list for the Healthcare Issue group. These are listed below. A quick email to your legislator in support of these bills this week will make a

difference as they will have public hearings on Jan 24.

LD [1875](#) An Act to Address Perfluoroalkyl and Polyfluoroalkyl Substances Pollution from State-owned Solid Waste Disposal Facilities. Sponsor: Representative ZEIGLER of Montville Committee – ENR -- Partner: Defend our Health which would require pretreatment of any leachate coming out of Juniper Ridge Landfill for PFAS to help limit what ends up being shipped to the wastewater treatment facility and then either getting mixed in with sludge or discharged into the river. We (Defend our Health) are partnering with the Penobscot Nation on this bill as some of this gets discharged into the river, which in turn contaminates the river and the fish.

LD [1911](#) An Act to Prohibit the Contamination of Clean Soils with So-called Forever Chemicals Sponsor: Representative PLUECKER of Warren Committee – ENR -- Partner: Defend Our Health

This bill would close a loophole that currently exists around spreading contaminated sludge on farmland. Currently, you can't spread sludge on farmland unless it tests below a certain level for PFAS. Most sludge tests above the limit so it is being shipped to composting facilities where it is being mixed in with compostable materials and then being sold as commercial compost and being spread on farms and home gardens. People are inadvertently contaminating their fields and gardens because they are unaware there might be PFAS in the composting materials. We want to close that loophole by requiring commercial composting to meet the same standards as sludge has to meet to be spread on farmland.

If you have questions, please contact Mary Finn 781 866 3317



Anti-racism Vigil: Every Monday 12:00 - 12:30 pm at the Newcastle Veterans Memorial Park. Check [PUAR's](#) Facebook page for updates.

PLEASE JOIN US!

SNACKS FOR STUDENTS DRIVE

January 17 - February 14, 2022

Help us at Healthy Lincoln County distribute snacks to local schools through our school-based pantry support.



What's needed:

Whole grain granola bars, yogurt, cheese sticks, fruit snacks, pretzels, popcorn, pudding, applesauce and other fruit/vegetable pouches, raisins, whole wheat crackers, trail mix, dried fruit, and cereal.

Two ways to donate:

1) Drop off at:

Healthy Lincoln County
281 Main Street in Damariscotta

2) Contact Lee Emmons

lemmons@healthylincolncounty.org



Looking for a quick way to support the community and help food insecurity? Well it is easy! Pick up some extra snacks while at the grocery store and donate them to Snacks for Student food drive. You can drop them off directly to the program or collect them and Tiffany will get them from you! We can make a large donation at one time or by smaller separate donations. Either way we are contributing to our community . All of the snacks are being donated to Healthy Lincoln County's five school-based pantries. Thank you ahead of time for your support.

Anti Racism Book Group



More book discussions in Jan and Feb, both on Wednesday evenings at 5:30pm (Interested in a late Friday morning option, at 10 or 10:30? Message me if you definitely want that, and I'll see what I can arrange!)

Leigh Anne at paperandshells@gmail.com

Jan. 26 - Whistling Vivaldi

This has been a campus-wide read at some universities in past years. It's a social scientist's look at how stereotypes impact us all more than we realize -- and just a few ways we can tackle them.

Feb. 23 - The Deepest Well

This pairs nicely with Whistling Vivaldi. I think the implications for stereotypes, stress, and health are interconnected, and will be useful to weave together. Burke Harris also provides a useful model as someone who combines on-the-ground work with research, followed by public health implications, and finally working as CA's surgeon general. She offers many lenses and useful examples of how to make an impact, working in the trenches as well as leading.

**** Please email all newsletter articles and website information to:
news@uumidcoast.org

Worship Invitation Plus Weekly Newsletter Editor: Jennifer Ober